



# Minors

In order to participate in Tough Mudder, you must be 14+ years old. Please read this entire page if you or your minor plan to participate in an event. **If you are a 14 - 17 years old participating in Tough Mudder, you MUST complete the following or you will not be allowed to participate:**

## The Rules

1. Participating Minors (14 – 17 years old) must be running with a **participating** chaperone
2. Participating chaperones cannot be a spectator
3. Participating chaperones must be 18+ years old, but do not need to be a legal guardian
4. There can be no more than 2 participating minors per participating chaperone
5. Participating minors must have their event day **waiver signed by ALL legal guardians**
6. Participating Chaperones must stay with their Participating Minor(s) at all times during the Event.

## How it works:

### During online registration:

**During the registration process, the participating minor, who has consented to the registration, must complete the following items:**

1. List the minor's legal guardian(s)
2. Provide the email address of the participating minor's legal guardian(s)
3. List the participating minor's on-site chaperone, who *must* be participating with the minor in the event. (1 participating chaperone, per 2 participating minors)

# At the event:

## **When the participating minor attends the event, the following must happen:**

1. The participating minor must be accompanied by a participating chaperone.
2. The participating minor must have a waiver signed by ALL LEGAL GUARDIANS consenting to their participation in the event. The waiver must be signed prior to arriving onsite at the event.
3. The participating minor must bring a photo ID, in order to pick up their participation bib.
4. The participating minor must check-in accompanied by their participating chaperone.