Tough Mudder Start Time FAQ

When will I find out my start time?
If you register more than 14 days before an event, your start time will be emailed at least 9-10 days before the event weekend. If you register after the 14-day cutoff, you’ll receive your start time 1 day before the event weekend.

No need to bring proof of start time to the event – your start time will be linked to your ticket. Make sure to bring a printed or digital copy of your ticket, as well as your photo ID.

If you have unsubscribed to Tough Mudder emails and did not receive the start time email, you can always find your start time using our Start Time Lookup page.

I bought my ticket within two days or the day of the event – now what?
You must purchase a ticket 3 days before the event weekend starts to receive an assigned start time. For example, you’ll get an assigned start time if you register on Wednesday before a weekend event, but not if you register on Thursday or later.

If you missed the cutoff, no worries – head to the Mudder Services tent. Please arrive no later than 11:00am on Saturday and 9:00am on Sunday and we will put you in the next available start wave. You may also skip the Mudder Services line by going through check in with your ticket and then hopping into the Standby area in the Loading Zones. If you are running as a team we will do our best to accommodate you, but if it is a large group we cannot guarantee you will run together until the end of the day.

How do I make sure I get the same start time as my friends?
People on the same team will be assigned the same start times (unless some team members purchased a premium wave). If you and your friends do not all register and join a team, you probably will not all be assigned the same start time (there’s no way for us to know you’re a team otherwise!). Learn how to create your team.

You must create your team and add all team members 14 days before the event weekend in order for all team members to be assigned together. Team members who buy a ticket after the 14-day cutoff will probably not receive the same start time as the rest of team. If you buy a ticket before the 14-day cutoff, but then join a team after the 14-day cutoff, the start time you were previously assigned will not change.

What if we missed the team deadline?
Don’t panic! If your team did not all receive the same start time because you missed the 14-day cutoff, arrive at the event based on the start time the majority of your team was assigned and then head to the Mudder Services tent. We will try our best to accommodate you.

What if I don’t like my start time?
We cannot accommodate specific start time requests, nor can we change start times once they’re assigned. Please don’t contact Customer Service – they are unable to change assigned start times.

We can only allow a certain number of participants on course at any given time to ensure a smooth and safe event – to facilitate this, participants are allocated start times spread evenly across the day. We do make sure that you and your teammates are assigned to the same start wave and can run together if you follow the instructions above for running as a Team.

What does my start time mean? What time should I get to the event?
Your start time is the estimated time you will start the course. For example, a participant assigned 9:00am start time will start in the 9:00am or 9:15am wave.
We suggest arriving 45 minutes to an hour before your assigned start time to ensure you can check in, drop your bag, and get to the Loading Zone 20 minutes before you are set to run the course. If you show up after the final call for your start time (10 minutes prior), you will be moved to the Standby area and enter the next available wave.

**Will start times be enforced? If I show up early/late for my start time, what happens?**

Yes, start times will be enforced!

- **If you show up EARLY:** We will have a Standby area that you can wait in. If space becomes available, we will allow you into the next start wave, but we cannot guarantee you to start until your assigned wave time.

- **If you show up LATE:** If the final wave has not gone out and the course is still open, we will have a Standby area available, however, the only time we can guarantee will be at the end of the day as we must allow all participants with their assigned start times through first.

**Can I run multiple times in one day?**

Multiple laps of the event format you've registered for are allowed, as long as time allows you to complete the course safely. Head to the Standby area at the completion of your first run. You will be let into the next available start wave. If the start line has closed once you've finished, you will not be allowed to start again.